

"THROUGH THE FIRE" WORKSHOP

RELATIONSHIP-BUILDING FOR COUPLES HEALING FROM BETRAYAL

Integrating trauma therapy with sex addiction treatment, this workshop addresses specific challenges recovering couples face as they attempt to rebuild trust and intimacy. **Through The Fire** is designed to help couples at almost any stage of the recovery process following Discovery. This workshop can be attended irrespective of where a couple is in the Disclosure process. Space is limited to 4 couples.

The Multidimensional Partner Trauma Model (MPTM) incorporates recent research about the effects of sex-addiction-induced trauma (SAIT). This therapeutic model conceptualizes many of a partner's emotions and behaviors as understandable responses to the traumatic nature of Discovery—and as attempts to restore reality and safety.

This is a safe, supportive environment for both members of the couple to discuss and understand the profound effects of betrayal upon their relationship. Emphasizing communication, empathy-building and crisis/trigger management for both partner and addict, this workshop provides the strategic tools and resources to move couples compassionately through the fire.

FOR THE COUPLE

- Rebuild Intimacy & Trust
- Address Partner's Traumatic Wounding
- Recognize PTSD/Threat Responses
- New Communication Tools
- Establish Greater Safety
- Integrate Healthy Responses to Trauma
- Crisis Management Skills
- Recognize Missing Pieces of Couples Recovery
- Constructing an Honesty Agreement

ABOUT THE FACILITATORS: Aaron Alan and Jenner Bishop have worked in the field of sexual addiction and compulsivity for 12+ years. After treating hundreds of recovering couples, they've distilled their clinical knowledge into workshops designed to provide couples the most crucial and paradigm-shifting information needed to begin healing from the betrayal and trauma of sex addiction. Aaron and Jenner are credentialed Certified Sex Addiction Therapist Supervisors (CSAT-S).

Aaron Alan LMFT, CSAT-S treats issues of sex and sexuality, compulsive attachment, and relational trauma in his clinical practice. Aaron received training in the Multidimensional Partner Trauma Model (MPTM) from the Association of Partners of Sex Addicts Trauma Addiction Specialists (APSATS). Aaron has worked extensively in developing and facilitating workshops and intensive outpatient programs (IOPs).

Jenner Bishop LMFT, CSAT-S regularly provides consultation and supervision to other psychotherapists working with sex addicts and their partners. She is the founder of the Bay Area Sex Addiction Network (BAY-SAN), a professional association for clinicians working in the field of sexual compulsivity. Jenner has completed Dr. Omar Minwalla's Foundational Training program Sex Addiction-Induced Trauma Model (SAITM).

FRIDAY & SATURDAY

August
24th & 25th
9am-5pm
\$1600/couple

To register call

510-463-4051

FOR THE ADDICT

- Tools for Behavioral Change
- Understand Relational Healing
- Increase Awareness of Partner's Experience
- Responsibility Taking & Accountability
- Expand Empathy

FOR THE PARTNER

- Permission to Feel Emotions
- Unique Double Binds Recognized
- Trauma Dimensions Identified
- Validation & Relief
- Boundaries & Safety



Foundry Clinical Group
2938 Webster Street #200
Oakland CA 94609

Complimentary parking provided

